

# Heat

## Heat is Seeking a New Nutrition Coach!

We're in search of a new nutrition coach to join our team! We are looking for a knowledgeable, passionate, and personable nutrition coach to serve our amazing clients. One that is able to adapt their coaching practices to suit the personalities, goals, and lifestyles of the clients they are working with. We believe that nutrition is oftentimes the missing link to feeling and performing at your best. Since we are in the business of helping people be the best versions of themselves, a knowledgeable nutrition coach is essential.

### **About Us**

Heat specializes in group fitness, small group training, personal training, and nutrition coaching. A great deal of our efforts are focused on intelligent programming, and we take pride in the quality of our workouts. We also believe that nutrition is an integral part of overall wellness; and that if it's way off, desirable results likely will not be achieved. . . . intelligent program or not.

We aim to inspire our members to live long, happy, meaningful lives and we believe that fitness and community play detrimental roles in doing so!

We teach our members that there is always room to grow and improve in all aspects of life. Being part of a supportive community brings us one step closer to reaching our full potential!

We believe that finding balance is of utmost importance, not only in regards to training - but in life as well. You will find regular social, volunteer, and community outreach events on the Heat calendar, as well as fitness retreats. We have built a strong, inclusive community over the last 5 years, one that continues to grow and welcome new members every day!

### **About You**

#### Experience + Skills Required:

- At least 1 year of experience in nutrition coaching
- Highly reliable, self-motivated, and detail oriented
- Warm and professional communication skills
- Excellent customer service skills
- Software proficiency in Gmail, G Suite (Google docs, sheets, forms, etc.), Facebook, and Instagram

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## Values Alignment - You Must Believe That:

- People come before profit
- You can get 1% better everyday
- Learning is a lifelong pursuit!

## **About the Role**

- Hours: 10-30 hours per week
- Competitive Pay Rates + Free Heat Membership + Discounted rates for Heat Retreats
- Preferred Start Date: Late Summer/Early Fall 2021

## Essential Roles and Responsibilities:

- Work with nutrition clients remotely (~75%) and in person (~25%)
- Conduct new client assessments and monthly check-ins in person
- Conduct weekly client check-ins via phone or zoom
- Attend monthly meetings with your manager
- Conduct quarterly nutrition seminars at the gym
- Attend Heat events

**Ready to join our team?**

[\*\*CLICK HERE TO APPLY!\*\*](#)