

Heat

Heat is Seeking a New Fitness Coach!

We're looking for an energetic, passionate fitness professional to join our team as a personal trainer and group fitness instructor.

About Us

Heat specializes in intelligent, safe, and fun group fitness and personal training in downtown Raleigh. It's tough to do legit strength training in a group environment, but we pride ourselves on doing it well! A great deal of our efforts are focused on intelligent programming, and we truly value high quality workouts with an emphasis on strength training.

We aim to inspire our members to live long, happy, meaningful lives and we believe that fitness and community play essential roles in doing so.

We teach our members that there is always room to grow and improve in all aspects of life. Being part of a supportive community brings us one step closer to reaching our full potential.

We believe that finding balance is of utmost importance, not only in regards to training - but in life as well. You will find regular social, volunteer, and community outreach events on the Heat calendar, as well as fitness retreats. We have built a strong, inclusive community over the last 6 years, one that continues to grow and welcome new members every day!

About You

Experience + Skills Required:

- At least 1 year of experience in training and/or group fitness coaching
- Personal training and/or group fitness certification
- Highly reliable, self-motivated, and detail oriented
- Warm and professional communication skills
- Excellent customer service skills
- Software proficiency in Gmail, G Suite (Google docs, sheets, forms, etc.) and Instagram
- Experience in MINDBODY (preferred but not required)

Values Alignment - You Must Believe That:

- You should strive to be 1% better everyday
- Learning is a lifelong pursuit!

About the Role

- Hours: 10-30 hours per week (potential for increased hours depending on role/experience level)
- Personal/Small Group Training with the potential to take on group fitness classes
- Competitive Pay Rates + Free Heat Membership + Discounted rates for Heat Retreats
- Preferred Start Date: Jan/Feb 2023

Essential Roles and Responsibilities:

- Conduct personal training and small group training sessions
- Teach group fitness classes
- Attend bi-weekly team meetings
- Participate in team reading and discussions
- Assist with and attend Heat events/parties
- Cover shifts for other team members as needed

Ready to join our team?

[CLICK HERE TO APPLY!](#)